

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------------|--|------------------------------------|---|---------------|--|---------------|
| Open 5:00-8:00 | Open 3:30-7:00 | Open 5-9:30 | Open 3:30-6:00 | Open 10-11 | Open 10-12:00 | Closed |
| | | | | | 10 AM - 12 Open Gym Andrea | |
| | | | | | 11 AM - 12 PM Lean & Green Tiffany | |
| | 3:30-5 PM Cheernastics Katlin | | 3:30-5 PM Cheernastics Katlin | | | |
| 5-6 PM MINI Team Katlin | 5-6 PM STARS Team Katlin & Jr. Staff | 5-6 PM MINI Team Katlin | 5-6:00 PM Beg & Adv. Tumbling Andrea & Katlin | | | |
| 6-8 PM SENIOR Team Tiffany | 6-7 PM ALL TEAM MANDATORY TUMBLING Katlin & Andrea | 6-8 PM SENIOR Team Tiffany | 6-7:00 PM Mommy & Me Katlin | | | |
| | | 8-9:30 PM I 5 CoEd Team Tiffany | | | | |